

INCLUDED:

- Hotels based on double occupancy
- Daily breakfast, 4 dinners & 3 lunches
- Welcome & Farewell Receptions
- Land transfers
- Bi-lingual guide
- Local guide + entrance Copan
- Afternoon sailing Roatan
- Flight roundtrip San Pedro Sula-Roatan

PRICE:

\$1550 per person

Single supplement: \$225

*Dive packages, single dives or

PADI certified classes can be prebooked;

prices on request.

NOTE: The price of this trip includes a \$250 donation per person to a Water1st project in Lempira Province. For information on Water1st consult our website's Global Philanthropy page, or www.water1st.org.

About this tour:

The tour visits two distinct environments dealing with ecosystem degradation. In the mountains of Lempira you'll see the effects of deforestation on the watershed and in the Bay Islands the challenges to the delicate coral reef system.

The water crisis: 1 out of every 5 people in the world lack access to clean water and 2 out of every 5 lack basic sanitation. In Honduras we'll visit small scale sustainable water and sanitation projects that are part of the one village at a time solution to this global challenge.

In the Bay Islands you'll have a chance to explore the marine habitat of Roatan's barrier reef and to learn about the work of the Coral Cay Conservation Project to protect and preserve it.

We believe tourism can be a positive engine for development. To see the coral cay's challenges and to witness the water crisis first hand is to understand what needs doing and how we can help.

Join us!

Saranjan Tours

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Saranjan Tours



GLOBAL PHILANTHROPY Trip to Honduras



March 29-April 5, 2009
Water Crisis & Solutions.

Mayan ruins.

Coral reefs & tropical islands.

Welcome to Honduras!

Sunday

TEGUCIGALPA ESPERANZA

The trip begins at San Pedro de Sula Airport. After a brief visit to the second city of Honduras, we drive north to the town of Esperanza and our base for three nights in the mountains of Intibucá, in an ecolodge nestled in a pine forest. This evening, Orientation & Drinks by the pool is followed by dinner in a local home in Esperanza--authentic local food cooked over a wood stove. Overnight: Hotel los Pinos D



Hotel los Pinos



Monday

ESPERANZA • LEMPIRA PROVINCE • ESPERANZA

Today witness the personal stories behind the global water crisis. After breakfast, travel by jeep into nearby Lempira province for a day that includes spectacular mountain scenery and a ridge walk through coffee plantations to villages engaged in water and sanitation projects. From tube well to village pila, see the workings and meet the children whose lives will be enriched forever by clean water and sanitation. Picnic lunch. Return to the hotel and enjoy a swim and cold beer by the pool before dinner. This evening, our local host will explain the Lempira community development initiatives and talk about your contribution tomorrow. Overnight: as above B L D

Itinerary

Tuesday

ESPERANZA • LEMPIRA PROVINCE • ESPERANZA

Roll up your sleeves today. After breakfast return with our host to Lempira to provide assistance on a water project. Picnic lunch on site. Return to the hotel early evening for rest and relaxation before dinner. Overnight: as above B L D

Wednesday

ESPERANZA • COPAN.

Early morning departure for the Mayan ruins at Copan. Stay in the heart of the charming village of Copan ruins. Lunch is followed by a guided tour of this remarkable site. Free afternoon and evening to explore the colonial town on your own. Overnight: B L

Hotel Marina Copan



Thursday

COPAN • ROATAN.

After breakfast depart for Roatan, 40km of island paradise stretching along the southern end of the Mesoamerican Barrier Reef. Your West End village base is perfect for swimming, snorkeling, diving and exploring the island. Overnight: Hotel Cocolobo B

Friday

ROATAN. Take a scooter tour of the island, dive, swim and relax. Late afternoon meet volunteers with the Coral Cay Conservation program. Overnight: B



Saturday

ROATAN.

What could be better--another independent day for swimming, diving, relaxing before a late afternoon sail. Our farewell to the Bay Islands is followed by dinner in the village. Overnight: Overnight: B D



Hotel Cocolobo



Sunday

ROATAN.

Early morning flight to San Pedro Sula. Breakfast on arrival is followed by a Guamilito Market for last minute shopping, before return to the airport for morning connections to the USA