



8<sup>th</sup> **SÃO ANTÃO**

After breakfast we'll set off on a guided hike to a nearby village. Picnic lunch. Free evening. Overnight: as above B L

9<sup>th</sup> **SÃO ANTÃO • SÃO VICENTE • SAL**

After breakfast we'll return to the far side of the island and take the ferry back to São Vicente. On arrival, we'll transfer to the airport for our last interisland flight, to Sal. On arrival we'll transfer in to our hotel in the village of Santa Maria. Group dinner by the sea. Overnight: Hotel Odjo d'Agua/ pool B D



10<sup>th</sup> **SAL**

We'll meet the kids behind Project SALT today on a school visit, and hear them play. Learn about SALT's work on the island and the school's plans. The rest of the day is at leisure to enjoy the beautiful beach and tropical waters. Overnight: as above B

11<sup>th</sup> **SAL**

Free day for the village and beach. We'll gather later for the first night of the Sal International Music Festival. Overnight: as above B

12<sup>th</sup> **SAL**

Free day as above. Option for a swim in the salt pans. We'll meet for a Farewell Dinner before walking down the beach for night two of the Festival. Overnight: as above BD

13<sup>th</sup> **SAL**

The tour ends after breakfast. B

**INCLUDED:** Small group escorted tour:

- Hotels or similar based on double occupancy, with breakfast
- Meals per itinerary
- Excursions & transfers per itinerary
- Interisland flights & ferries
- Admission Music Festival

**PRICE:** \$3290 per person

Based on \$1.30/€uro

*\*All prices subject to currency fluctuation adjustment.*

Photos courtesy Johnny Fernandes & Sarah Banks. This not-for-profit tour is sponsored by the charity SALT/ preserving the rich musical tradition of Cape Verde & Saranjan Tours/promoting local sustainable development initiatives. Participants are encouraged to bring an instrument to leave at the school in Santa Maria—ask for details. Also ask about our Lisbon post tour extension.

**Please contact us at [info@saranjan.com](mailto:info@saranjan.com), [www.saranjan.com](http://www.saranjan.com) or call 1 800 858 9594**



**Saranjan Tours & Salt**  
**THE CAPE VERDE ISLANDS,**  
**WEST AFRICA**  
**September 2-13, 2009**

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# Saranjan Tours & Salt

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## THE CAPE VERDE ISLANDS, WEST AFRICA

### September 2-13, 2009

White sands, turquoise waters and music...halfway between Portugal and Brazil, Cape Verde's musical tradition affirms its rich Creole culture. Since independence from Portugal in 1975, the islands have moved from aid dependency to an investment strategy. Your participation on this 5 island tour supports the country's goals—to develop tourism and to foster an appreciation of a major export-- its rich musical tradition. By joining this special trip to the islands, you'll help to preserve, to SALT, the musical genius of Cape Verdeans—one child at a time. The tour includes visits with musicians, music pupils and luthiers, and ends on the Island of Sal at the annual two day Music Festival which draws talent from Africa and beyond. Explore markets and old ports, hike otherworldly landscapes, swim the blue waters of the archipelago, sip wines from volcanic Fogo and soak up African sunshine.



September 2009

#### 2<sup>nd</sup> SANTIAGO

The tour begins in Praia, capital of the islands. Welcome drinks & dinner are followed by your first chance to hear Cabo Verdean music at the Quintal da Música. Overnight: Hotel Oasis Praia/pool D

#### 3<sup>rd</sup> SANTIAGO • FOGO

After breakfast transfer to the airport for the short flight to the volcanic Island of Fogo. Today we'll explore the colonial capital at São Felipe, visit a coffee plantation and an adega to try the wines of Fogo. Lunch en route. Free evening. Overnight: Hotel Xaguete/pool B L



#### 4<sup>th</sup> FOGO

The island's volcanic peak reaches 9,000 feet. Today choose to hike the crater in the National Park of Fogo or explore São Felipe. Lunch along the way. *Breaking Away from Aid Reliance*—learn about some of the trends in this small democratic republic over dinner this evening. Overnight: as above B L D

#### 5<sup>th</sup> FOGO • SANTIAGO • SÃO VICENTE



After breakfast we'll take the short flight back to Santiago. Before continuing to São Vicente, we have time to tour the island—a glimpse of its colonial heritage. Lunch along the way. Our short afternoon flight takes us to the *Island of Culture*, birthplace of numerous Cabo Verdean poets, artists, musicians. Stay on the main plaza in the heart of the port town of Mindelo. Dinner and music tonight at Nela's place. Overnight: Hotel Porto Grande/pool B L D

#### 6<sup>th</sup> SÃO VICENTE

Our island tour begins in Mindelo, shaped by both Portuguese and British colonialism. Its deep water port and fishing industry have played an important role in the country's development. The fish market is our first stop before continuing through carefully laid terraces to São Vicente's highest point on Monte Verde, 2,000 feet. We'll stop for lunch at Bahia das Gatas—bring your suit for a swim in the volcanic pools. Returning to the city, visit a

luthier's workshop, explore Amilcar Cabral Square where ceramics artists exhibit, and visit a nearby weaving studio. Free evening to enjoy this pleasant port town and seek out more music. Overnight: as above B L

#### 7<sup>th</sup> SÃO VICENTE • SÃO ANTÃO

This morning we'll take the early ferry on a short crossing to São Antão. From the port, a hand laid stone road winds up into the mountains where extraordinary vistas suggest *Modor at dawn*. Lush tropical valleys lie on the other side of the peaks and produce papayas, mangos, chirimoyas. The road turns beyond the town of Ribeira Grande and winds along the coast, then turns again and winds toward villages hidden by banana palms. Our base is an ecolodge that clings to a hillside and offers spectacular views from its poolside patio. We'll leave our things and continue a tour of this side of the island, including a stop at a grogue/rum producer, a seaside village and lunch. Free evening. Overnight: Pedracín Village/pool B L

